

Lap Pool Schedule

Lap Swim is offered 5:00am – 10:00pm M-F / 8:00am – 7:00pm Sat & Sun

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------------------------|--|---|--|---|--|---|
| Pool Opens 8:00 | Pool Opens 5:00 | Pool Opens 5:00 | Pool Opens 5:00 | Pool Opens 5:00 | Pool Opens 5:00 | Pool Opens 8:00 |
| | Water Aerobics 8:00-9:00 9:00-10:00 | Water Aerobics 9:00-10:00 | Water Aerobics 8:00-9:00 9:00-10:00 | Water Aerobics 9:00-10:00 | Water Aerobics 8:00-9:00 9:00-10:00 | Water Aerobics 9:00-10:00 |
| | <i>Swim Team</i> 3:00-5:00 | <i>Swim Team</i> 3:00-5:00 | <i>Swim Team</i> 3:00-5:00 | <i>Swim Team</i> 3:00-5:00 | <i>Lessons</i> 11:30-12:00 | |
| | Water Aerobics 5:30-6:30 | <i>Lessons</i> 6:00-6:30 | Water Aerobics 5:30-6:30 | <i>Lessons</i> 6:00-6:30 | <i>Swim Team</i> 3:00-5:00 | |
| | <i>Lessons</i> 6:30-7:00 | Water Aerobics 6:30-7:30 | <i>Lessons</i> 6:30-7:00 | Water Aerobics 6:30-7:30 | Water Aerobics 5:30-6:30 | |
| Pool Closed 7:00-8:00 | Pool Closed 10:00-11:00 | Pool Closed 10:00-11:00 | Pool Closed 10:00-11:00 | Pool Closed 10:00-11:00 | Pool Closed 10:00-11:00 | Pool Closed 7:00-8:00 |

No children under the age of 13 permitted in Lap Pool except swim lesson participants & swim team members

Lap Pool is for workouts & instruction only - Recreational swimming is prohibited

Activity Pool Schedule

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|----------------------------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|
| ADULT USE ONLY 8:00-10:00 | ADULT USE ONLY 5:00-12:00 | ADULT USE ONLY 5:00-12:00 | ADULT USE ONLY 5:00-12:00 | ADULT USE ONLY 5:00-12:00 | ADULT USE ONLY 5:00-12:00 | ADULT USE ONLY 8:00-10:00 |
| Family Swim 10:00-7:00 | Family Swim 12:00-8:00 | Family Swim 12:00-8:00 | Family Swim 12:00-8:00 | Family Swim 12:00-8:00 | Family Swim 12:00-8:00 | Family Swim 10:00-7:00 |
| | ADULT USE ONLY 8:00-10:00 | ADULT USE ONLY 8:00-10:00 | ADULT USE ONLY 8:00-10:00 | ADULT USE ONLY 8:00-10:00 | ADULT USE ONLY 8:00-10:00 | |
| Pool Closed 7:00-8:00 | Pool Closed 10:00-11:00 | Pool Closed 10:00-11:00 | Pool Closed 10:00-11:00 | Pool Closed 10:00-11:00 | Pool Closed 10:00-11:00 | Pool Closed 7:00-8:00 |

Activity pool will be closed for renters use only during pool rentals

Children 0-12 must be accompanied by an adult at all times in pool facility

No member under the age of 18 permitted in the pool facility during Adult Swim Time

Members 13-17 must swim with a buddy

We use Chlorine sanitizer in our pools & spa